

17.0 START SIGNALS AND TIMES:

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| Warning (Code Flag A up) | 12:25:00 |
| Preparatory (Code Flag P up) | 12:26:00 |
| One-Minute (Code Flag P down) | 12:29:00 |
| Start (All flags down) | 12:30:00 |

There will be a time check sound every 5 minutes thereafter until all entrants have started.

Course length: 9.3
 First start: 12:30:00
 First starter rating: 276

| PHRF | START TIME | PHRF | START TIME | PHRF | START TIME |
|------|------------|------|------------|------|------------|
| 276 | 12:30:00 | 165 | 12:47:12 | 54 | 13:04:25 |
| 273 | 12:30:28 | 162 | 12:47:40 | 51 | 13:04:52 |
| 270 | 12:30:56 | 159 | 12:48:08 | 48 | 13:05:20 |
| 267 | 12:31:24 | 156 | 12:48:36 | 45 | 13:05:48 |
| 264 | 12:31:52 | 153 | 12:49:04 | 42 | 13:06:16 |
| 261 | 12:32:19 | 150 | 12:49:32 | 39 | 13:06:44 |
| 258 | 12:32:47 | 147 | 12:50:00 | 36 | 13:07:12 |
| 255 | 12:33:15 | 144 | 12:50:28 | 33 | 13:07:40 |
| 252 | 12:33:43 | 141 | 12:50:56 | 30 | 13:08:08 |
| 249 | 12:34:11 | 138 | 12:51:23 | 27 | 13:08:36 |
| 246 | 12:34:39 | 135 | 12:51:51 | 24 | 13:09:04 |
| 243 | 12:35:07 | 132 | 12:52:19 | 21 | 13:09:31 |
| 240 | 12:35:35 | 129 | 12:52:47 | 18 | 13:09:59 |
| 237 | 12:36:03 | 126 | 12:53:15 | 15 | 13:10:27 |
| 234 | 12:36:31 | 123 | 12:53:43 | 12 | 13:10:55 |
| 231 | 12:36:59 | 120 | 12:54:11 | 9 | 13:11:23 |
| 228 | 12:37:26 | 117 | 12:54:39 | 6 | 13:11:51 |
| 225 | 12:37:54 | 114 | 12:55:07 | 3 | 13:12:19 |
| 222 | 12:38:22 | 111 | 12:55:35 | 0 | 13:12:47 |
| 219 | 12:38:50 | 108 | 12:56:02 | -3 | 13:13:15 |
| 216 | 12:39:18 | 105 | 12:56:30 | | |
| 213 | 12:39:46 | 102 | 12:56:58 | | |
| 210 | 12:40:14 | 99 | 12:57:26 | | |
| 207 | 12:40:42 | 96 | 12:57:54 | | |
| 204 | 12:41:10 | 93 | 12:58:22 | | |
| 201 | 12:41:38 | 90 | 12:58:50 | | |
| 198 | 12:42:05 | 87 | 12:59:18 | | |
| 195 | 12:42:33 | 84 | 12:59:46 | | |
| 192 | 12:43:01 | 81 | 13:00:14 | | |
| 189 | 12:43:29 | 78 | 13:00:41 | | |
| 186 | 12:43:57 | 75 | 13:01:09 | | |
| 183 | 12:44:25 | 72 | 13:01:37 | | |
| 180 | 12:44:53 | 69 | 13:02:05 | | |
| 177 | 12:45:21 | 66 | 13:02:33 | | |
| 174 | 12:45:49 | 63 | 13:03:01 | | |
| 171 | 12:46:17 | 60 | 13:03:29 | | |
| 168 | 12:46:44 | 57 | 13:03:57 | | |